

CITB Site Safety Plus

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RRC provide a range of CITB courses from the Site Safety Plus Scheme which provides the building, civil engineering and allied industries with a framework for training and career development for all levels of the workforce. RRC's CITB courses cover the complete CITB syllabus, providing the knowledge needed to pass first time.

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Course Available

Classroom

- Birmingham

In-company

- Throughout the UK

SMSTS – Management



The CITB - Site Management Safety Training Scheme (SMSTS) is designed for those with management responsibilities within the construction industry who need to be confident that they understand the key health and safety issues that are relevant to their role. It covers all relevant

legislation and is particularly suitable for:

- Construction site managers
- Agents and quantity surveyors
- Construction directors and project directors
- Anyone responsible for planning, organising, monitoring, controlling and administering groups of construction staff

Course Content

CITB Site Safety Plus Site Management Safety Training Scheme (SMSTS) is valid for 5 years from the date the course is successfully completed and covers:

- The implementation of all health, safety, welfare and environmental legislation that affects construction managers during their daily work
- How to implement new guidance and industry best practice
- Managers' duties and responsibilities with regards to health, safety, welfare and the environment

Assessment

Assessment consists of a short multiple-choice exam; three exercises and a case study; and a tutor review. The tutor review may include short-answer tests, oral questions and answers, simulated practical exercises, role play and problem-solving activities.

SMSTS Refresher Course



The CITB Site Management Safety Training Scheme (SMSTS) Refresher Course is designed for those who have previously passed the full five-day SMSTS course (or subsequent two-day refresher course) and can provide proof of attendance. You are only able to attend this refresher course prior to the expiry

of your existing SMSTS certificate (5 years from completion).

Course Content

CITB Site Safety Plus Site Management Safety Training Scheme (SMSTS) Refresher covers:

- Health and safety knowledge update
- Overview of legislative changes and their impact in the workplace
- Wide range of topics; both building on those contained within the five-day course programme and introducing new subjects

Entry Requirements

You are only able to attend this refresher course prior to the expiry of your existing SMSTS certificate.

Assessment

Assessed by a short multiple-choice exam; three exercises and a case study; and a tutor review. The tutor review may include short-answer tests, oral questions and answers, simulated practical exercises, role play and problem-solving activities.

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Health and Safety Awareness



The CITB Site Safety Plus Health and Safety Awareness course provides a good awareness of the main issues involved in construction safety, including compliance with health and safety law. It is designed for employees who have just started work in the construction and civil engineering industries and need training.

Course Content

The course covers the following topics:

- The need to prevent accidents
- Understanding health and safety law
- Identifying how each worker's role fits into the control and management of the site
- Understanding the need for risk assessments and method statements
- Appreciating the need to work safely and to stop and ask for advice if unsure
- The obligation to report unsafe acts to prevent an accident

Assessment

Assessed by a short multiple choice assessment

Environmental Awareness



The CITB Site Environmental Awareness Training Scheme (SEATS) is designed to provide the basic environmental knowledge that sub-contractors are required to prove to major contractors and covers the environmental aspects of the new touch-screen health, safety and environment test. It will bring your environmental and sustainability knowledge up to date by giving a thorough overview of the subject, relevant legislation and industry best

practice. The course is aimed at site supervisors/managers.

Course Content

- The CITB Site Environmental Awareness Training Scheme (SEATS) is valid for 5 years from the date the course is successfully completed and covers:
- The environment and why it is important
- An outline of Environmental Management Systems
- Waste management
- Pollution prevention and water management
- Being a good neighbour – statutory nuisance, communication, archaeology and heritage
- Energy and resources
- Being a responsible contractor

Assessment

Assessed by a short multiple choice assessments.

SSSTS - Supervisors



The CITB Site Safety Plus Site Supervisors' Safety Training Scheme (SSSTS) provides an understanding of the employer's legal duties to enable better contribution to the instruction, supervision and monitoring of tasks and activities to ensure safety on site. It is designed for those who have supervisory

responsibilities within the construction industry and is suitable for First line managers, Foremen, Team leaders and Supervisors.

Course Content

The course covers the following topics:

- The problems of the construction industry
- How health and safety law is structured and how it applies to supervisors
- How the supervisory role fits with the management structure in controlling site safety
- How to carry out risk assessments and the need for method statements
- How to carry out effective site inductions, toolbox talks and method statement briefing
- How to monitor site activities effectively
- The importance of timely intervention when bad practice is identified

Assessment

Assessed by a short multiple-choice exam and a tutor review, which may include short-answer tests, oral questions and answers, simulated practical exercises, role-play and problem-solving activities.

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Course Dates and Fees

Classroom Courses

- Run in partnership with BSS (British Safety Services)

Course Dates & Fees

Course	Duration	Course Dates Birmingham	Fee
Site Management Safety Training Scheme (SMSTS)	5 Days	10-14 Jun 19 04-08 Nov 19	£495 + VAT
Site Management Safety Training Scheme Refresher	2 Days	27-28 Jun 19 03-04 Oct 19	£350 + VAT
Site Supervisors' Safety Training Scheme (SSSTS)	2 Days	15-16 Jul 19 16-17 Oct 19 19-20 Dec 19	£295 + VAT
Site Supervisors' Safety Training Scheme Refresher	1 Day	18 Oct 19	£175 + VAT
Health & Safety Awareness	1 Day	19 Jun 19 21 Aug 19 02 Oct 19 10 Dec 19	£140 + VAT
Site Environmental Awareness Training Scheme (SEATS)	1 Day	20 Aug 19	£145 + VAT