NEWSLETTER

HEALTH AND SAFETY BUSINESS | Student Edition

RRC INTERNATIONAL

November 2026

Welcome!

Hello and welcome to the November 2026 issue of the RRC Newsletter.

Here's an overview of the most recent and important developments at RRC and what you can look forward to in the coming months. As always, you can find more information on our website: **www.rrc.co.uk**

Black Friday Sale

Our Black Friday Sale is now on. Save 30% on your RRC course fees when you book by 4th December 2026. The discount applies to all RRC courses including NEBOSH Diploma, Certificates, and short courses, IOSH courses, ISEP courses, ProQual courses, and RRC ISO courses. Book your course **here**.

NEBOSH International General Certificate 2025 Syllabus French and Spanish courses now available

You can now study the NEBOSH International General Certificate (2025 syllabus) in French and Spanish. Take the next step in your health and safety career with the our most popular qualification taught and assessed in your language. Enjoy all the new features that come with an RRC's Enhanced Online course, providing an even more interactive and engaging learning experience.

We are also excited to announce the development of the NEBOSH IGC in Arabic - more information coming soon.

Upcoming Events

Safety, Health & Wellbeing Live North - 9-10 February 2027

SHW Live is back in Manchester for another year. The show offers the high-quality seminars and exhibitors you've come to expect from SHW, and is looking to be even bigger and better than last year. This event provides a great opportunity to meet our customers and students face to face and advise on the range of courses, products, and consultancy services that RRC provide, and RRC are delighted to return as a Premium Partner. We are excited to be delivering two sessions at the event - more info on these to follow.

You can find more information and sign up to attend **here**.

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RRC Podcast

RRC's podcast is available on Apple Podcasts, Spotify and Amazon Music. It's called "Did History (Actually) Teach Us Anything?" and if you are studying a course with us that has a scenario-based assessment, you will find the format of deconstructing an event and looking at the implications useful for your studies and assessment preparation. Plus it is an interesting and entertaining listen, exploring historical events that you may think you know about already. Episodes are released at the start of every month. Get the podcast from these links:

Apple: **https://podcasts.apple.com/ie/podcast/did-history-actually-teach-us-anything/id1782762940**

Spotify: **https://open.spotify.com/show/4aAGhxn1ilTsgVHoPoHXeM**

Amazon: **https://music.amazon.co.uk/podcasts/00bd62b3-0fad-46dd-87db-e5bb878d5d8c/did-history-actuallyteach-us-anything**

Sharing Success

Our social media channels are seeing a lot of happy RRC Learners sharing their success, a great joy for all of us at RRC. We really appreciate the hard work you all put into your studies and we are always looking to improve how we can provide support to make your journey to success as easy as possible. Please continue to share your success and give us your feedback. Visit our LinkedIn page to share your experiences with us: https://www.linkedin.com/company/ rrc-training/.



Look after yourselves and stay safe.

All the best,

Richard Stockley
Managing Director

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Student Focus

In this section of the newsletter, we focus on any important information that applies to your course. Please review the following carefully for anything that may impact your studies.

NEBOSH Resources

Guidance

If you are studying for a NEBOSH qualification, we would like to remind you that guidance from NEBOSH is available in the following publications, which can all be accessed from the 'Qualifications' area of the NEBOSH website (under 'Resources' for each relevant qualification):

- **NEBOSH Scenario-Based Assessments: Guidance for Learners**
  This provides guidance on Scenario-Based Assessments for NEBOSH qualifications. It gives examples of extracts from past scenarios, types of questions and how marks would be awarded for answers.
  (Note: only relevant to digital assessments.)
- **NEBOSH Certificate Scenario-Based Digital Assessments: Learner Guide**
  This gives guidance on the Open Book Examinations for Certificate Units GNC1, GIC1, CN1, CI1, FSC1 and EMC1. Its aim is to help learners prepare for the digital assessment and the closing interview.
  (Note: not relevant to any other Certificate units.)
- **NEBOSH National and International General Certificates in Occupational Health and Safety Assessments: Learner Performance Report May 2023**
  This uses the May 2023 Unit NG1 Open Book Exam as an example. It gives advice on the kind of answers that would attract marks and those that would not and guidance on how to approach similar questions that you could expect to see in future papers.
  (Note: only relevant to Units GNC1 and GIC1.)
- **Diploma Digital Assessment: Learner Guide**
  This gives guidance on the digital assessments for Diploma Units DN1, DI1, DN2, DI2, DN3 and DI3. Its aim is to help learners prepare for the assessment and the professional discussion.
  (Note: not relevant to any other Diploma units.)

We strongly recommend reading the guidance referred to above that is relevant to the units you are studying, as part of your preparation for the assessments.

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Sample Papers/Assessments and Examiners' Reports

The following are available on the NEBOSH website (under 'Digital Assessments', or 'Resources' for the relevant qualification):

- **Sample Papers** for Units GNC1, GIC1, CN1, CI1, FSC1 and EMC1.
- **Sample Assessments** for Units DN1, DI1, DN2, DI2, DN3 and DI3.
- **Examiners' Reports** for Unit ED1.

Note on Assessment Terminology

NEBOSH use the following terms in relation to their assessments - we thought it would be useful to clarify what RRC see these as, so we can put your mind at ease, as it could be a little confusing:

- **Digital assessment:** the way the assessment is delivered and completed is entirely electronic, meaning you download the assessment paper and submit it electronically using the NEBOSH platform.
- **Scenario-based assessment:** this is the style of the assessment. It uses a scenario which you need to read, refer to and rely on when answering the questions/completing the tasks in the paper.
- **Open-book exam:** this is the format of the assessment. An open-book exam, as you know, allows you to refer to resources and notes while you are completing the paper.

NEBOSH Policies

Please familiarise yourself with the following NEBOSH policies, especially any relevant application deadlines:

- **Access Arrangements and Reasonable Adjustments Policy** (for extenuating circumstances you can anticipate, that may affect your performance - this includes the use of grammar/spellcheck tools, which are subject to approval and restrictions).
- **Malpractice Policy and Procedures** (in particular Plagiarism, Collusion and use of Artificial Intelligence).
- **Refunds Policy and Procedure** (if you registered for an assessment and it's too late to cancel/ postpone, and you have extenuating circumstances).
- **Special Considerations** (for extenuating circumstances you couldn't anticipate, that may have affected your performance).

All are available at **https://www.nebosh.org.uk/policies-and-procedures/.**

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RRC Resources

RRC Health and Safety Law and Case Law Guide

We have updated the Health and Safety Law and Case Law Guide in relation to some recent legislation. If you are studying a national (UK) course, please note the change below.

Building Safety Act 2022

This entry has been amended to reflect the fact that the role of the Building Safety Regulator (BSR) has moved from the HSE to a standalone body under the Ministry of Housing, Communities and Local Government.

You can access the amended entry here:

Building Safety Act 2022

RRC Environmental Law and Case Law Guide

We have updated the Environmental Law and Case Law Guide in relation to some recent legislation. If you are studying a national (UK) course, please note the changes below.

Climate Change Act 2008

At the end of this entry, the following new paragraph has been added:

"The **Climate Change Act 2008 (International Aviation and International Shipping) Regulations 2026** include international aviation and international shipping emissions in carbon budgets and the net zero target from the sixth carbon budget (2033-2037)."

Digital Waste Tracking (England) Regulations 2026

This is a new entry. You can access it here:

Digital Waste Tracking (England) Regulations 2026

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RRC Environmental Law and Case Law Guide (Continued)

Energy Savings Opportunity Scheme Regulations 2014

In this entry, the second paragraph has been amended to read:

"Minor amendments to the Regulations have been made by the **Energy Savings Opportunity Scheme (Amendment) Regulations 2015**, **2023 and 2026**. These have been included in the text below where relevant."

Under the subheading **Part 4 - ESOS Assessments**, the following new paragraphs have been added:

"The lead assessor must notify the approval body when an ESOS assessment is completed and provide contact details of the assessed organisation. Energy consumption and energy savings must be calculated in kWh.

Participants are required to review the action plan from the previous compliance period and report where actions are not met."

The subsection on **Part 6** now reads as follows:

"Part 6 - Deemed Compliance with Scheme Requirements

An alternative compliance route is a valid energy management system that is certified to ISO 50001 covering 95% or more of the participants' energy consumption. The scheme administrator must be notified of progress updates."

Environmental Permitting (England and Wales) Regulations 2016

This entry has been updated to cover amendments made by the **Environmental Permitting (Waste Controlling or Transporting) and Relevant Functions of Primary Authorities (Amendment) (England) Regulations 2026**. The changes affect some of the text under the following subheadings:

Introduction

Part 1: General (Interpretation subsection)

Part 4: Enforcement and Offences (Regulations 36 and 37 subsection)

Schedule 2 - Exempt Facilities: General

Schedule 3 - Exempt Facilities: Descriptions and Conditions

You can access the amended entry here:

Environmental Permitting (England and Wales) Regulations 2016

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RRC Environmental Law and Case Law Guide (Continued)

Environmental Protection Act 1990

In this entry, under the subheading **Section 34: Duty of Care, etc. as Respects Waste**, the following text has been added after the second paragraph:

"The duty also applies to those who operate a waste controlling or transporting activity, including those waste controlling or transporting activities that are exempt."

The following have been added to the list of authorised persons in the fourth paragraph:

- "Any person who is the holder of an environmental permit for waste controlling-transporting activity or for waste transporting activity.
- Any person who is registered under the **Environmental Permitting Regulations** in relation to exempt waste controlling or transporting activity."

Greenhouse Gas Emissions Trading Scheme Order 2020

In this entry, the following has been added to the first paragraph:

"These laws were amended by the **Greenhouse Gas Emissions Trading Scheme (Amendment) Order 2026**."

Planning and Infrastructure Act 2025

At the end of this entry, the following new paragraphs have been added:

"The **Environmental Delivery Plans (Appropriate Prioritisation) Regulations 2026**, made under the Act, require the prioritisation of avoidance measures over mitigation and compensation measures, and mitigation measures over compensation measures, when Natural England prepares a draft EDP or amends an EDP. Regard must be given to value for money when prioritising conservation measures.

The **Nature Restoration Levy Regulations 2026** provide further details on the workings of the nature restoration levy, including liability to pay the levy, amount, payment and use of the levy, enforcement, reviews and appeals."

Waste (England and Wales) Regulations 2011

In this entry, under the subheading **Part 8: Registration of Carriers, Brokers and Dealers**, the following has been added at the end:

"NOTE

In July 2027, this Part of the Regulations will be revoked in England by the **Environmental Permitting (Waste Controlling or Transporting) and Relevant Functions of Primary Authorities (Amendment) (England) Regulations 2026**. It will then be covered by the **Environmental Permitting (England and Wales) Regulations 2016**."

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NEBOSH Diploma

NEBOSH National Diploma for Occupational Health and Safety Management Professionals

Unit DN1 Learning Outcome 6.1

Why Workers' Information Needs to be Held Confidentially

In this subsection, you should note that the functions of the Information Commissioner have been transferred to the Information Commission. The relevant legislation is the **Data (Use and Access) Act 2025 (Commencement No. 9 and Transitional and Saving Provisions) Regulations 2026**.

The study material will be updated accordingly.

Unit DN2 Learning Outcome 10.1

The Equality Act 2010

Additional Resource

ISO 45010:2026 *Occupational health and safety management - Menstruation and menopause in the workplace – Guidance* is available on the ISO Online Browsing Platform – see **https://www.iso.org/standard/45010**

Enforcement

You should note that the **Employment Tribunal (Extension of Time Limits) (Miscellaneous Amendments and Transitional Provisions) Regulations 2026** have extended the time limits for presenting complaints to the Employment Tribunal from three months to six months.

The study material will be updated accordingly.

Unit DN3 Learning Outcome 11.4

Some text in this learning outcome has been updated in relation to:

- The role of the Building Safety Regulator (BSR).
- Recording fire risk assessments.

Please refer to the following Supplement for the amendments:

Unit DN3 Supplement

Note: these changes have been made in RRC course content and digital publications.

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NEBOSH International Diploma for Occupational Health and Safety Management Professionals

Unit DI2 Learning Outcome 9.1

The Importance of Making 'Reasonable Adjustments' for Workers With Physical and Mental Ill Health

Additional Resource

ISO 45010:2026 *Occupational health and safety management - Menstruation and menopause in the workplace – Guidance* is available on the ISO Online Browsing Platform – see **https://www.iso.org/standard/45010**

NEBOSH National Diploma in Environmental Management

Units ED1 and NDEM2

Some text in these units has been updated in relation to:

- Digital waste tracking (Unit ED1 Element 7 and Unit NDEM2 Element 3).
- The 2026 edition of *Monitoring stack emissions: techniques and standards for periodic monitoring* (Unit ED1 Element 8).
- The **Environmental Permitting (Waste Controlling or Transporting) and Relevant Functions of Primary Authorities (Amendment) (England) Regulations 2026** (Unit NDEM2 Element 3).
- Deposit Return Schemes (Unit NDEM2 Element 3).
- The **Biodiversity Gain (Town and Country Planning) (Amendments and Transitional Provisions) (England) Regulations 2026** (Unit NDEM2 Element 3).
- The **Climate Change Act 2008 (International Aviation and International Shipping) Regulations 2026** (Unit NDEM2 Element 3).
- The **Greenhouse Gas Emissions Trading Scheme (Amendment) (Extension to Maritime Activities) Order 2026** (Unit NDEM2 Element 3).
- The **Energy Savings Opportunity Scheme (Amendment) Regulations 2026** (Unit NDEM2 Element 3).

Please refer to the following Supplement for the amendments:

NED Supplement

Note: these changes have been made in RRC course content and digital publications.

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NEBOSH International Diploma in Environmental Management

Units ED1 and IDEM2

Some text in these units has been updated in relation to:

- Digital waste tracking in the UK (Unit ED1 Element 7).
- The 2026 edition of *Monitoring stack emissions: techniques and standards for periodic monitoring* (Unit ED1 Element 8).
- **EU Regulation 2025/40 on Packaging and Packaging Waste** (Unit IDEM2 Element 2).

Please refer to the following Supplement for the amendments:

IED Supplement

Note: these changes have been made in RRC course content and digital publications.

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NEBOSH Certificate

NEBOSH National General Certificate

Units GNC1 and GNC2

Some text in these units has been updated in relation to:

- Work on non-live electrical systems (Unit GNC1 Element 3).
- The '5 Rs' framework for stress prevention (Unit GNC2 Element 5).

Please refer to the following Supplement for the amendments:

Unit GN Supplement

Note: these changes have been made in RRC course content and digital publications.

NEBOSH International General Certificate

Units GIC1 and GIC2

Some text in these units has been updated in relation to:

- Work on non-live electrical systems (Unit GIC1 Element 3).
- The '5 Rs' framework for stress prevention (Unit GIC2 Element 5).

Please refer to the following Supplement for the amendments:

Unit GI Supplement

Note: these changes have been made in RRC course content and digital publications.

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NEBOSH Fire Certificate

Unit FSC1 Element 6

Some text in this element has been updated in relation to recording fire safety risk assessments.

Please refer to the following Supplement for the amendments:

Unit FSC1 Supplement

Note: these changes have been made in RRC course content and digital publications.

NEBOSH Environmental Management Certificate

Unit EMC1 Element 8

Some text in this element has been updated in relation to:

- Digital waste tracking in the UK.
- **EU Regulation 2025/40 on Packaging and Packaging Waste**.

Please refer to the following Supplement for the amendments:

Unit EMC1 Supplement

Note: these changes have been made in RRC course content and digital publications.

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Examination Closing Dates

The registration dates for the next available sittings for the NEBOSH exams are listed below. Please make sure you are aware of any mandatory entry requirements, such as submission of coursework, attendance at workshops, etc.

Please note that the following information is based on the national dates set by NEBOSH. Some centres arrange 'local' examination dates, which will fall on different days.

UK **paper-based** exam venues are now in London, Manchester and Glasgow.

Course	RRC Exam Registration Closing Dates	Examination Date
NEBOSH Certificate in Process Safety Management; NEBOSH Award in Environmental Awareness at Work (Online Multiple-Choice Exam)		
Units: PSM1, EAW1	16/12/2026 06/01/2027 10/02/2027	27/01/2027 24/02/2027 24/03/2027
NEBOSH National / International General Certificate (Open-Book Exam)		
Units: GNC1, GIC1	18/12/2026 22/01/2027 26/02/2027	03/02/2027 03/03/2027 (all available languages) 07/04/2027
NEBOSH National/International General Certificate (Risk Assessment)		
Units: GNC2, GIC2	18/12/2026 22/01/2027 26/02/2027	17/02/2027 17/03/2027 (all available languages) 21/04/2027
NEBOSH Certificate in Fire Safety (Open-Book Exam)		
Unit FSC1	18/12/2026 19/03/2027	03/02/2027 05/05/2027
NEBOSH Certificate in Fire Safety (Practical Assessment)		
Unit FSC2	18/12/2026 19/03/2027	10/02/2027 12/05/2027
Health and Safety Management for Construction (UK/International)		
Units: CN1/CI1	26/02/2027 28/05/2027	06-07/04/2027 06-07/07/2027

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Course	RRC Exam Registration Closing Dates	Examination Date
NEBOSH Environmental Management Certificate (Open-Book Exam)		
Unit EMC1	22/01/2027 23/04/2027	03/03/2027 02/06/2027
NEBOSH Environmental Management Certificate (Practical Assessment)		
Unit EMC2	22/01/2027 23/04/2027	10/03/2027 09/06/2027
NEBOSH National/International Diploma in Environmental Management		
Unit ED1	04/12/2026 07/05/2027	08/02/2027 12/07/2027
Unit N/IDEM2	08/01/2027 02/04/2027	24/02/2027 26/05/2027
NEBOSH Diploma for Occupational Health and Safety Management Professionals		
DN1, DI1	18/12/2026 (Resits: 22/01/2027)	10/03/2027-09/04/2027
DN2, DI2	05/03/2027 (Resits: 02/04/2027)	12/05/2027-26/05/2027
DN3, DI3	07/05/2027 (Resits: 04/06/2027)	14/07/2027-28/07/2027

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