



# PUBLICATIONS 2026

TEXTBOOKS

-PRINT AND EBOOKS

LAW GUIDES

REVISION GUIDES

REFERENCE MATERIALS

**RRC**   
INTERNATIONAL



**ISEP**  
Institute of Sustainability &  
Environmental Professionals



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# WHY RRC?

For over 90 years, RRC (The Rapid Results College) has been involved in education - developing, maintaining and delivering innovative training programmes. We offer a broad range of health, safety, environmental management training, including NEBOSH, IOSH, CIEH and IEMA courses.

RRC's published materials are highly respected and are used worldwide by training providers and educational organisations to deliver high-quality learning programmes, along with Practitioners as essential reference.

RRC's publications are developed by a dedicated in-house team working to the highest quality standards and only the very best subject experts are commissioned as writers. Our Content Development team comprises not only subject experts in their chosen subjects but also experienced educationalists. RRC's materials are reviewed and updated constantly, with major revisions notified quarterly.

## QUALITY

As you would expect, all of RRC's courses are approved by the relevant awarding body (including NEBOSH, IOSH, CIEH and IEMA). We are also ISO 9001 accredited – further assurance of the quality of our courses.

## INNOVATION

Our website [www.rrc.co.uk](http://www.rrc.co.uk) provides a wealth of resources that will be useful to your students, many of which are free:

- Tutor blogs, keeping you and your learners up to speed with the latest topics of interest in the field of HSE.
- Quarterly newsletter, including important updates to our courses.
- Technical updates - user-friendly guides to topical pieces of health, safety and environmental law and guidance.



# TEXTBOOKS *PRINT AND EBOOKS*

Our high-quality textbooks have been designed to support students in their studies and are written to meet the specific requirements of the relevant syllabus. These full-colour, fully illustrated textbooks break down all the key topics so they are easy to understand.

We work with education and subject matter experts to provide a dynamic and engaging materials, including:

- In this section boxes which present an overview of the important facts, ideas and principles of each section
- Definition boxes giving descriptions or definitions of words or phrases that may be unfamiliar
- More...boxes containing sources of further Information
- Hints and Tips boxes containing simple ideas that can help you as you work through the book
- Revision Questions at the end of each main section to test your knowledge as you progress
- Practice exam questions with step-by-step guidance on how to answer them

Additional features included with RRC eBooks:

- Easy navigation through the top menu
- Add your own notes - highlights and bookmarks for easy reference
- Full search functionality allowing you to search for any words or phrases in the text
- Additional search functionality linked to Wikipedia or Google

No matter where you're using the books, your notes and bookmarks will be saved and synced across to your other devices. And if you use the app offline, you can sync up any changes when you're next online.

## NEBOSH AWARDS

|                                                      | REF    | PRINTED BOOK PRICE (GBP) | REF   | EBOOK PRICE (GBP) |
|------------------------------------------------------|--------|--------------------------|-------|-------------------|
| <b>NEBOSH Health and Safety at Work Award</b>        | HSAPR  | 19.00                    | HSADB | 14.95             |
| <b>NEBOSH Health and Safety at Work Award Arabic</b> | HSAAPR | 29.00                    |       |                   |

## NEBOSH CERTIFICATES

|                                                                                   |        |       |        |       |
|-----------------------------------------------------------------------------------|--------|-------|--------|-------|
| <b>NEBOSH International General Certificate in Occupational Health and Safety</b> | GICPR  | 34.90 | GICDB  | 26.95 |
| Unit IG1: Management of Health and Safety                                         | GIC1PR | 17.45 | GIC1DB | 13.48 |
| Unit IG2: Risk Assessment                                                         | GIC2PR | 17.45 | GIC2DB | 13.47 |
| <b>NEBOSH Health &amp; Safety Management for Construction (International)</b>     | IMCPR  | 39.00 | IMCDB  | 29.95 |
| <b>NEBOSH National General Certificate in Occupational Health and Safety</b>      | GNCPR  | 34.90 | GNCDB  | 26.95 |
| Unit NG1: Management of Health and Safety                                         | GNC1PR | 17.45 | GNC1DB | 13.48 |
| Unit NG2: Risk Assessment                                                         | GNC2PR | 17.45 | GNC2DB | 13.47 |
| <b>NEBOSH Health &amp; Safety Management for Construction (UK)</b>                | NMCPR  | 39.00 | NMCDB  | 29.95 |
| <b>NEBOSH Certificate in Fire Safety</b>                                          | NFCPR  | 22.45 | NFCDB  | 17.45 |
| <b>NEBOSH Environmental Management Certificate</b>                                | EMCPR  | 39.00 | EMCDB  | 29.95 |

# TEXTBOOKS *PRINT AND EBOOKS* (CONTINUED)

## NEBOSH DIPLOMAS

|                                                                                                           | REF    | PRINTED BOOK PRICE (GBP) | REF    | EBOOK PRICE (GBP) |
|-----------------------------------------------------------------------------------------------------------|--------|--------------------------|--------|-------------------|
| <b>NEBOSH International Diploma for Occupational Health and Safety Management Professionals</b>           | IDPRA  | 254.85                   | IDDBA  | 195.00            |
| Unit DI1: Know - Workplace health and safety principles (International)                                   | ID1PR  | 84.95                    | ID1DB  | 64.95             |
| Unit DI2: Do - Controlling workplace health issues (International)                                        | ID2PR  | 84.95                    | ID2DB  | 64.95             |
| Unit DI3: Do - Controlling workplace safety issues (International)                                        | ID3PR  | 84.95                    | ID3DB  | 64.95             |
| <b>NEBOSH National Diploma for Occupational Health and Safety Management Professionals (New Syllabus)</b> | NDPRA  | 254.85                   | NDDBA  | 195.00            |
| Unit DN1: Know - Workplace health and safety principles (UK)                                              | ND1PR  | 84.95                    | ND1DB  | 64.95             |
| Unit DN2: Do - controlling workplace health issues (UK)                                                   | ND2PR  | 84.95                    | ND1DB  | 64.95             |
| Unit DN3: Do - controlling workplace safety issues (UK)                                                   | ND3PR  | 84.95                    | ND1DB  | 64.95             |
| <b>NEBOSH National Diploma in Environmental Management</b>                                                | NEDPR  | 95.00                    | NNEDDB | 72.50             |
| <b>NEBOSH International Diploma in Environmental Management</b>                                           | NEDIPR | 95.00                    | NIEDDB | 72.50             |

## NEBOSH – ARABIC, FRENCH, SPANISH

|                                                                                           | REF    | PRICE (GBP) | REF    | PRICE (GBP) |
|-------------------------------------------------------------------------------------------|--------|-------------|--------|-------------|
| <b>NEBOSH International General Certificate in Occupational Health and Safety ARABIC</b>  | GICAPR | 59.00       |        |             |
| <b>NEBOSH International General Certificate in Occupational Health and Safety FRENCH</b>  | GICFPR | 59.00       | GICFDB | 45.56       |
| <b>NEBOSH International General Certificate in Occupational Health and Safety SPANISH</b> | GICSPR | 59.00       | GICSDB | 45.56       |

# REFERENCE MATERIALS

## RRC LAW GUIDES

RRC's Law Guides provide a detailed guide to relevant UK legislation and case law and are designed to support students studying NEBOSH, IEMA and similar courses; they also provide a valuable reference for practitioners. Printed in black and white, they are reviewed and updated regularly and printed on demand, so you can be sure you have the most up-to-date edition on the day of purchase.

|                                                          | REF      | PRICE (GBP) |
|----------------------------------------------------------|----------|-------------|
| <b>RRC UK Health &amp; Safety Law and Case Law Guide</b> | LAWUKPR  | 39.00       |
| <b>RRC Environmental Law and Case Law Guide</b>          | LAWENVPR | 39.00       |

## RRC INTRODUCTIONS

RRC Introductions are designed for those needing a good introduction to the topic either for their role at work or for those starting a qualification course with no previous subject knowledge. Each RRC Introduction is available as a full-colour e-booklet - which can be downloaded to your computer or portable device - and contains helpful illustrations and diagrams to explain important concepts and principles.

|                                                              | PRINTED |             | PDF DOWNLOAD |             |
|--------------------------------------------------------------|---------|-------------|--------------|-------------|
|                                                              | REF     | PRICE (GBP) | REF          | PRICE (GBP) |
| <b>An Introduction to Health and Safety</b>                  | N/A     | N/A         | RRCINTDNHS   | 15.00       |
| <b>An Introduction to Safety in the Oil and Gas Industry</b> | N/A     | N/A         | RRCINTDNOG   | 15.00       |
| <b>An Introduction to Environmental Management</b>           | N/A     | N/A         | RRCINTDNEM   | 15.00       |

## RRC QUICK REFERENCE GUIDIES

Introducing a new range of short guides focusing on a specific topic. Designed to provide learners and non-practitioners with key information in easy and accessible language, focusing on clear information rather than legislation. Available in 2 formats - A-Z terminology guides giving clear and understandable explanations to key terms and concepts, and Q&A-style providing information on key questions and scenarios.

|                                                               | PRINTED    |             | EBOOK      |             |
|---------------------------------------------------------------|------------|-------------|------------|-------------|
|                                                               | REF        | PRICE (GBP) | REF        | PRICE (GBP) |
| <b>Health &amp; Safety Terminology</b>                        | QRGHSTPR   | 6.00        | QRGHSTDB   | 5.00        |
| <b>Environmental Terminology</b>                              | QRGENVTPR  | 6.00        | QRGENVTDB  | 5.00        |
| <b>Managing Psychosocial Risk in the Workplace</b>            | QRGPRWPR   | 6.00        | QRGPRWDB   | 5.00        |
| <b>Vulnerable Workers</b>                                     | QRGVWPR    | 6.00        | QRGVWDB    | 5.00        |
| <b>Influencing Health and Safety Culture in the Workplace</b> | QRGHSICWPR | 6.00        | QRGHSICWDB | 5.00        |

# REFERENCE MATERIALS

## RRC STEP NOTES

RRC's popular Step Notes series comprises concise guides that give a comprehensive overview of the topic at hand. They are useful for practitioners as quick reference guides and for students as invaluable reference during their studies. RRC Step notes are available as perfect bound black and white A5 booklets or as an e-booklet - which can be downloaded to your computer or portable device.

|                                                     | PRINTED   |             | PDF DOWNLOAD |             |
|-----------------------------------------------------|-----------|-------------|--------------|-------------|
|                                                     | REF       | PRICE (GBP) | REF          | PRICE (GBP) |
| <b>Health and Safety Law Step Notes</b>             | STEPHSLPR | 12.50       | STEPHSLDN    | 10.80       |
| <b>Occupational Health &amp; Hygiene Step Notes</b> | STEPOHHPR | 12.50       | STEPOHHDN    | 10.80       |
| <b>Environmental Step Notes</b>                     | STEPENVPR | 12.50       | STEPENVDN    | 10.80       |
| <b>Quality Management Step Notes</b>                | STEPQUMPR | 12.50       | STEPQUMDN    | 10.80       |

## RRC ISO 14001

Businesses of all types and sizes are increasingly being expected to demonstrate environmental responsibility. One way of doing that is by achieving ISO 14001 - the international standard for environmental management. Our ISO 14001 resources cover a range of topics to assist in achieving and maintaining ISO 14001. The RRC ISO14001 series are available in full colour A4 booklets or as an e-booklet - which can be downloaded to your computer or portable device.

|                                                 | PRINTED  |             | PDF DOWNLOAD |             |
|-------------------------------------------------|----------|-------------|--------------|-------------|
|                                                 | REF      | PRICE (GBP) | REF          | PRICE (GBP) |
| <b>Introduction to ISO 14001</b>                | ISOINTPR | 7.50        | ISOINTDN     | 6.00        |
| <b>Executive Briefing on ISO 14001</b>          | ISOBRPR  | 7.50        | ISOBRDN      | 6.00        |
| <b>Environmental Issues for Senior Managers</b> | ENVISSPR | 15.00       | ENVISSDN     | 12.00       |
| <b>ISO 14001 Environmental Awareness</b>        | ISOAWRPR | 7.50        | ISOAWRDN     | 6.00        |

# NEBOSH REVISION GUIDES

These essential Revision Guides combine concise revision notes with exemplar past exam questions and model answers for a fully effective revision tool.

Presented in perfect bound A5 booklets:

- They provide a concise overview of all the key topics identified in the NEBOSH syllabus.
- They are structured to closely follow the relevant NEBOSH syllabus so students can easily find the topics they are looking for.
- They look at a variety of NEBOSH exam-style questions, reviewing the general approach to tackling the question, followed by a sample answer plan and a model answer.

## NEBOSH CERTIFICATES

|                                                                                   | PRINTED |             | EBOOK   |             |
|-----------------------------------------------------------------------------------|---------|-------------|---------|-------------|
|                                                                                   | REF     | PRICE (GBP) | REF     | PRICE (GBP) |
| <b>NEBOSH International General Certificate in Occupational Health and Safety</b> | GICPRRG | 19.00       | GNCDBRG | 18.00       |
| <b>NEBOSH Health and Safety Management for Construction (International)</b>       | IMCPRRG | 9.50        | IMCDNRG | 9.00        |
| <b>NEBOSH Certificate in Fire Safety</b>                                          | NFCPRRG | 9.50        | NFCDBRG | 9.00        |
| <b>NEBOSH National General Certificate in Occupational Health and Safety</b>      | GNCPRRG | 19.00       | NGCDBRG | 18.00       |
| <b>NEBOSH Health and Safety Management for Construction (National)</b>            | NMCPRRG | 9.50        | NMCDBRG | 9.00        |
| <b>NEBOSH Environmental Management Certificate</b>                                | EMCPRRG | 19.00       | EMCDNRG | 18.00       |

## NEBOSH DIPLOMAS

|                                                                                                                | PRINTED |             | EBOOK   |             |
|----------------------------------------------------------------------------------------------------------------|---------|-------------|---------|-------------|
|                                                                                                                | REF     | PRICE (GBP) | REF     | PRICE (GBP) |
| <b>NEBOSH International Diploma for Occupational Health and Safety Management Professionals (New Syllabus)</b> | IDPRRGA | 75.00       | IDDBRG  | 72.00       |
| Unit DI1: Know - Workplace Health and Safety Principles (International)                                        | ID1PRRG | 25.00       | ID1DBRG | 24.00       |
| Unit DI2: Do - Controlling Workplace Health Issues (International)                                             | ID2PRRG | 25.00       | ID2DBRG | 24.00       |
| Unit DI3: Do - Controlling Workplace Safety Issues (International)                                             | ID3PRRG | 25.00       | ID3DBRG | 24.00       |
| <b>NEBOSH National Diploma for Occupational Health and Safety Management Professionals (New Syllabus)</b>      | NDPRRGA | 75.00       | NDDBRGA | 72.00       |
| Unit DN1: Know - Workplace Health and Safety Principles (UK)                                                   | ND1PRRG | 25.00       | ND1DBRG | 24.00       |
| Unit DN2: Do - Controlling Workplace Health Issues (UK)                                                        | ND2PRRG | 25.00       | ND2DBRG | 24.00       |
| Unit DN3: Do - Controlling Workplace Safety Issues (UK)                                                        | ND3PRRG | 25.00       | ND3DBRG | 24.00       |

# CONDITIONS OF SUPPLY

## PURCHASE

Materials can be purchased by:

- Visiting [www.rrc.co.uk](http://www.rrc.co.uk)
- Completing the order form attached and returning it to [publishing@rrc.co.uk](mailto:publishing@rrc.co.uk)
- Posting the order form attached to:  
RRC International, 27-37 St George's Road, London, SW19 4DS

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