

## WINTER 2014

### Welcome!

Hello and welcome to the Winter 2014 issue of the RRC Newsletter - Health and Safety Business.

Here you'll find an overview of the most exciting and important developments at RRC and events we're involved in. As always, you can find more information on our website at [www.rrc.co.uk](http://www.rrc.co.uk)

### New-Look RRC Website

We've recently redesigned our main website, to ensure information is presented as clearly and simply as possible - so you can find all the information you need quickly and easily.



The new RRC International site has already launched and the new design will be rolled-out across other RRC companies over the coming months.

You can explore the new site now by visiting:

[www.rrc.co.uk](http://www.rrc.co.uk)

## NEBOSH Environmental Diploma

### NEW e-Learning Course Available Now on the RRC Learning Centre

We're delighted to announce that our Environmental Diploma e-Learning course is now available on our new learning platform - the RRC Learning Centre.



The redeveloped Environmental Diploma e-Learning course still contains all the great features you expect from RRC e-Learning:

- Unlimited tutor support - from a panel of expert RRC tutors.
- RRC's market-leading course materials - included as downloadable PDFs so you can study online or offline, to suit you.
- Engaging, interesting and informative activities - to test your knowledge and understanding as you work through the course.

But, it also benefits from improved design and navigation and additional activities to keep you engaged throughout your studies.

To watch a demo of RRC's new e-learning courses, visit the RRC website:

[www.rrc.co.uk/about-us/learning-with-rrc/e-learning-courses.aspx](http://www.rrc.co.uk/about-us/learning-with-rrc/e-learning-courses.aspx)

You can also register for a free trial to explore the new platform and sample content for yourself.

## Coming Soon...

### NEW! RRC Short Courses

We're currently finalising development on an exciting new range of short classroom courses. These concise courses - ranging from half-day to three days - provide a perfect overview on a range of critical health and safety topics. Each course has been written for a specific target audience - from shop-floor workers, to managers - ensuring the training is appropriate, targeted and relevant for those who attend.

#### Syllabus Guide

Detailed guide to the course - including course content, learning objectives and intended audience, alongside course length and end of course assessment information.

#### Delegate Workbook

Detailed course notes for delegate use in the classroom and as a take-away resource - including topic guidance, study activities, revision questions and additional sources of information.

#### Presentation

Simple but effective slides - presenting important information and activities to lead the trainer and delegates through the course.

#### End of Course Assessment

Short, but thorough, end of course assessment - designed to test the understanding and knowledge gained during the course.

The first courses available will include Risk Assessment, Lock-out Tag-out, Accident Investigation, Working Safely with Chemicals and a three-tier Health and Safety programme - Introduction, Intermediate and Advanced, with more titles available early in 2015. Do let us know if there's a specific topic you need and we'll do our best to develop it!

Courses can be delivered in your own workplace by an expert RRC tutor. For more information and prices, contact [corporate@rrc.co.uk](mailto:corporate@rrc.co.uk)



## Exhibitions

We've recently attended exhibitions in Blackpool and Bolton.

### Blackpool

The SHE Show North West on 23 September was once again staged at the Hilton in Blackpool. Gareth and Charlotte attended the event as exhibitors to promote RRC's range of training and consultancy services to attendees, engaging with a mix of prospective and existing customers throughout the day.

### Bolton

Great two days spent in Bolton 8-9 October generating over 90 new leads for a mix of classroom and e-learning training. Rowena Jackson (RRC tutor based in Chorley) joined Gareth and Kevin on the second day to support the show and discuss the range of courses we offer at the nearby Chorley training centre.



## Meet Us At...

As we're approaching the end of the year, we've just got one event left:

- **SHE Show North East**

18 Nov | Newcastle, UK

We have lots planned for next year and, as soon as the details are confirmed, you'll be able to find the relevant details on our website:

<http://www.rrc.co.uk/news-resources/events.aspx>

I look forward to seeing you soon.

All the best,

David Towlson

Director of Training and Quality





## Student Focus

This is the section of the newsletter where we focus on any important updates to your course. Please review the following carefully for anything that may impact your studies.

Don't worry - we'll make all the amendments noted here to your online resources, too.

## RRC Resources

### RRC Environmental Law and Case Law Guide

We have made some amendments to the Environmental Law and Case Law Guide. If you are studying a national (UK) course, please note the changes below.

#### Energy Savings Opportunity Scheme Regulations 2014

This is a new entry. You can access it by clicking on the following link:

[Energy Savings Opportunity Scheme Regulations 2014](#)

#### Transfrontier Shipment of Waste Regulations 2007 (as amended)

This entry has been revised. You can access it by clicking on the following link:

[Transfrontier Shipment of Waste Regulations 2007 \(as amended\)](#)

The complete Environmental Law and Case Law Guide (in which the changes have already been made) can be accessed via your e-Zone Library or Learning Centre Resource Library.

Any changes required to your study elements as a result of the legislation referred to above are covered in the section on your course below.

## NEBOSH Diploma

### NEBOSH National Diploma in Occupational Health and Safety

#### Unit A

We have made small changes to the study material for this unit to:

- Include a reference to INDG449 *Health and safety made simple – The basics for your business* (Element A1).
- Cover the revised edition of INDG163, now entitled *Risk assessment – A brief guide to controlling risks in the workplace* (Element A4).

Please refer to the following Supplement for the amendments:

[Unit A Supplement](#)

Note: these changes have been made to your online material.





## Unit B

We have made small changes to the study material for this unit to cover:

- The revised edition of MDHS Guidance Note 14 – MDHS14/4 *General methods for sampling and gravimetric analysis of respirable, thoracic and inhalable aerosols* (Element B4).
- The current definition of biological monitoring in the **COSHH** Approved Code of Practice (L5, 6th edition) (Element B4).

Please refer to the following Supplement for the amendments:

### Unit B Supplement

Note: these changes have been made to your online material.

## Unit C

### Element C4

We have made a small addition to the reference material included in this element.

At the end of the main section entitled **Industrial Chemical Processes**, immediately before the **Revision Questions**, the following **More** box has been inserted:



### More...

Information on identifying the main hazards of carrying out chemical reactions and guidance on how to ensure a safe operation is contained in INDG254 *Chemical reaction hazards and the risk of thermal runaway*.

INDG254(rev1) is available at:

[www.hse.gov.uk/pubns/indg254.pdf](http://www.hse.gov.uk/pubns/indg254.pdf)

Note: these changes have been made to your online material.

### Element C9

We have made a small addition to the reference material included in this element.

At the end of the main section entitled **Scope and Nature of Construction Activities**, immediately before the **Revision Questions**, the following **More** box has been inserted:



### More...

There are many reasons why construction workers have a high risk of developing occupational disease such as the varied environments, the dynamic nature of the work, the general low awareness of health risks and the fact that many workers are either self-employed or work for small companies. In view of this the HSE has launched a new micro-site - *Managing Construction Health Risks* - to provide information on the wide range of key construction health risks and how to effectively manage and control them at:

<http://www.hse.gov.uk/construction/healthrisks/index.htm>

Note: these changes have been made to your online material.



## NEBOSH International Diploma in Occupational Health and Safety

### Unit IA

We have made small changes to the study material for this unit to cover the revised edition of guidance document INDG163 from the UK HSE, now entitled *Risk assessment – A brief guide to controlling risks in the workplace*.

Please refer to the following Supplement for the amendments:

#### Unit IA Supplement

Note: these changes have been made to your online material.

### Unit IB

We have made small changes to the study material for this unit to cover:

- The revised edition of the UK HSE's MDHS Guidance Note 14 – MDHS14/4 *General methods for sampling and gravimetric analysis of respirable, thoracic and inhalable aerosols* (Element IB4).
- The current definition of biological monitoring in the UK **COSHH** Approved Code of Practice (L5, 6th edition) (Element IB4).
- The replacement of the standard BS 7320 (Specification for Sharps Containers) by ISO 23907 (Element IB5).
- The updating of standard BS EN ISO 61672-1 (Electroacoustics – Sound Level Meters) (Element IB6).

Please refer to the following Supplement for the amendments:

#### Unit IB Supplement

Note: these changes have been made to your online material.

## NEBOSH National Diploma in Environmental Management

### Unit ED1

We have amended and updated the study material for this unit to include:

- Ways in which humans can interact with the phosphorus cycle and the water cycle (Element 1).
- The EU's seventh EAP, 'Living Well, Within the Limits of Our Planet', in an Exam Skills answer (Element 5).
- Examples of maximum penalties for the most common environmental offences (Element 6).
- Amendments to the **Transfrontier Shipment of Waste Regulations 2007** (Element 9).
- Clarification of the packaging covered by the **Producer Responsibility Obligations (Packaging Waste) Regulations 2007** and how compliance with the Regulations can be achieved (Element 9).
- A replacement diagram illustrating a Section Through a Typical Landfill (Element 9).
- Designation of marine protection areas in the seas around Scotland (Element 14).
- Mandatory energy assessments under the **Energy Savings Opportunity Scheme Regulations 2014** (Element 15).
- Carbon footprints (Element 15).
- **EU Regulation 617/2013** with regard to ecodesign requirements for computers and computer servers (Element 15).

Please refer to the following Supplement for the amendments:

#### ED1 Supplement

Note: these changes have been made to your online material.





## IEMA

### IEMA Associate Certificate in Environmental Management

We have recently reviewed the study material for this course to ensure that it covers all the requirements of the current syllabus and is up to date. While doing this, we have also taken the opportunity to improve the clarity of some of the wording.

The relevance of your current study material is unaffected by the majority of the changes. However, there are some amendments of significance which you should be aware of - these are outlined in the following table:

|                   |  |
|-------------------|--|
| <b>Element 1</b>  | Improved coverage of the Earth's key natural cycles and added new diagrams for the nitrogen cycle and the hydrological cycle<br>New information on Environmental Risk Assessment (ERA)<br>New definition of Sustainable Development<br>New information on the EU's seventh EAP, 'Living Well, Within the Limits of our Planet'<br>New information on Carbon Footprints |
| <b>Element 2</b>  | Revised table of examples of international Conventions and Protocols<br>Improved definition of Policy<br>New information on the EU's seventh EAP, 'Living Well, Within the Limits of our Planet'<br>Clarification of the role of the EU in influencing UK law  |
| <b>Element 3</b>  | Restructure and redrafting of the sections on Key Air Pollutants and Their Impacts and International Climate Change Laws<br>New information on the <b>Energy Savings Opportunity Scheme Regulations 2014</b><br>Revised diagram illustrating Bag-Filter Reverse-Air Cleaning   |
| <b>Element 4</b>  | New information on radioactive waste<br>New information on DEFRA's waste-prevention programme for England<br>The current landfill tax rate for active wastes<br>Reasons why producers of waste are looking at reducing the use of landfill as a disposal route   |
| <b>Element 5</b>  | New diagram of a Simple Oil Interceptor  |
| <b>Element 8</b>  | Restructure and redrafting of the section on Legislation Affecting Use of Pesticides (and corresponding changes to the Key Information and Summary)  |
| <b>Element 9</b>  | New table comparing SMART and non-SMART targets  |
| <b>Element 10</b> | Clarification of the Packaging Waste Regulations and how companies can comply with them  |
| <b>Element 11</b> | Restructure and redrafting of the sections on Corporate Environmental Reporting (CER) and Corporate Social Responsibility (CSR)<br>New information on the Global Reporting Initiative (GRI)<br>Example images from environmental labelling schemes   |

Please refer to the following Supplement for further information about the above changes (which have already been made to your online material).

[IEMA Associate Certificate Supplement](#)





## IEMA Foundation Certificate in Environmental Management

We have updated the study material for Element 2 of this course to include:

- Mandatory energy assessments under the **Energy Savings Opportunity Scheme Regulations 2014**.
- Clarification of the packaging covered by the **Producer Responsibility Obligations (Packaging Waste) Regulations 2007**.
- The current rate of landfill tax for active wastes.

Please refer to the following Supplement for the amendments:

[IEMA Foundation Certificate Supplement](#)

Note: these changes have been made to your online material.





## Examination Closing Dates

The registration dates for the next available sittings for the NEBOSH exams are listed below. Please make sure you are aware of any mandatory entry requirements, such as submission of coursework, attendance at workshops, etc.

Please note that the following information is based on the National dates set by NEBOSH. Some centres arrange 'local' examination dates, which will fall on different days.

| Course  | RRC Exam Registration Closing Dates | Examination Date |
|---|-------------------------------------|------------------|
| <b>NEBOSH Award in Health and Safety at Work/Process Industries</b> |                                     |                  |
| Units: HSW1, HSEP1<br>Call for exam venues                          | 03/01/2015                          | 03/02/2015       |
|   | 03/02/2015                          | 03/03/2015       |
|   | 02/03/2015                          | 02/04/2015       |
|   | 05/04/2015                          | 05/05/2015       |
|   | 02/05/2015                          | 02/06/2015       |
|   | 07/06/2015                          | 07/07/2015       |
| <b>NEBOSH National Certificate</b>                                  |                                     |                  |
| Units: NGC1, GC2, FC1, NCC1, EC1, NHC1                              | 10/01/2015                          | 04/03/2015       |
| <b>NEBOSH International Certificate</b>                             |                                     |                  |
| Units: IGC1, GC2, IFC1, ICC1, IOG                                   | 10/01/2015                          | 04/03/2015       |
| <b>NEBOSH Diploma in Environmental Management</b>                   |                                     |                  |
|   | 10/04/2015                          | 04/06/2015       |
| <b>NEBOSH Diploma Unit A/Unit IA</b>                                |                                     |                  |
|   | 10/04/2015                          | 07/07/2015       |
| <b>NEBOSH Diploma Unit B/Unit IB</b>                                |                                     |                  |
|   | 10/04/2015                          | 08/07/2015       |
| <b>NEBOSH Diploma Unit C/Unit IC</b>                                |                                     |                  |
|   | 10/04/2015                          | 09/07/2015       |

| NEBOSH Diploma Unit D/Unit ID | RRC Project Registration Closing Date     | 2014 Project Submission Dates             |
|-------------------------------|---|---|
|                               | FEB/MAR/AUG/NOV 2015<br>(Exact dates TBC) | FEB/MAR/AUG/NOV 2015<br>(Exact dates TBC) |

### RRC Middle East

Please click the following link to access RRC Middle East to check course dates and fees for 2014/15.

[www.rrc.com.bh](http://www.rrc.com.bh)

