

## AUTUMN 2014

### Welcome!

Hello and welcome to the Autumn 2014 issue of the RRC Newsletter - Health and Safety Business.

Here you'll find an overview of the most exciting and important developments at RRC and events we're involved in. As always, you can find more information on our website at [www\\_rrc.co.uk](http://www_rrc.co.uk)

### NEW Distance Learning NEBOSH International General Certificate

RRC are reintroducing traditional Distance Learning for the **NEBOSH International General Certificate** qualification.

This is our most cost-effective and flexible method of learning. It was originally developed for students who can't spare the time to attend a classroom course, and don't have a reliable enough Internet connection for e-Learning, but it's also perfect for those who prefer a more traditional approach to studying.

The course includes:

- **RRC's world-class training materials** - available in PDF or print format, to suit you.
- **Support from RRC's expert tutors** - contact your RRC tutor for assistance throughout your studies.
- **Online forums** - discuss your course with fellow students.
- **Exam locations** - exam venues across the world.

Whatever your circumstances, and wherever you are in the world, this new training option makes our NEBOSH International General Certificate course much more accessible.

Our new IGC Distance Learning courses will be available in September.



### RRCA's NEBOSH International General Certificate in French, Arabic and Spanish

At RRC we recognise that health and safety affects all workers, all over the world. So, we have translated our highly respected IGC textbook to make our IGC courses available to those who do not speak English.

Our new Distance Learning course will be available in **French** and **Arabic** from September.

The content is exactly the same as the English course, but the textbook, tutor support and examinations are all provided in French or Arabic, depending on which option you choose.



French - Unit IGC1

### Spanish IGC - Coming Soon

Broadening our offer further, our Distance Learning programme will also soon be available in Spanish.

This textbook is currently in use by our partner in Colombia, who is already delivering the IGC classroom course in Spanish.



Unit IGC1 Spanish (coming soon)

Our IGC textbooks are also available in all four languages for existing RRC students to purchase. Contact [info@rrc.co.uk](mailto:info@rrc.co.uk) for more information.

### Arabic IGC

RRC Middle East delivered the first ever Arabic IGC classroom course in March-April 2013. Following the success of this, and subsequent courses, we're delighted to be formally launching our Arabic IGC textbook.

The Arabic textbook will continue to be used during classroom delivery for our Arabic IGC courses. It will also form the basis of the new Arabic IGC Distance Learning course.

## RRC Tunisia - Coming Soon

In September 2014, we'll be launching the newest branch of RRC International.

RRC Tunisia, with a head office in Tunis, will combine local HSE experts with RRC's experience and high-quality resources to deliver courses in French, Arabic and English across Africa and the Middle East.

We're really excited about this development because, by working with local HSE practitioners, we're able to offer our new French and Arabic IGC courses, in addition to offering RRC's full range of classroom, distance and e-learning courses.

We've been working on this new venture for several months and Managing Director Gary Fallaize offered the following insight:

*"With French as the official language of Tunisia this has proved an interesting challenge for RRC. Many of us have been trying desperately to brush up on our GCSE French skills, much to the amusement of our Tunisian colleagues! Setting up this latest RRC centre has been a highly satisfying experience, with real collaboration between RRC's UK and Middle East operations working closely with our colleagues in Tunis to establish not just a training centre but one that really addresses local needs."*

And with plans already underway to offer courses in the Tunisian city of Sfax by early 2015, things are moving fast!

For more information, visit the RRC Tunisia website:

[http://www\\_rrc.tn](http://www_rrc.tn)



## Safety and Health Expo 2014

I'd like to thank everyone who attended the Safety and Health Expo 2014 and visited the RRC International stand. We're always delighted to have the opportunity to speak to current and past students and get your views on how we can improve and what you'd like to see from us in the future.

### Competition Winners

I'm delighted to be able to announce the winners of our Expo competitions:

- Individuals from Sewell Group, Arcadia Group and TFL were the lucky winners of our **Daily Prize Draws for a NEBOSH Certificate e-Learning Course**.
- An individual from Bearmach won our **Grand Prize Draw for a NEBOSH Diploma e-Learning Course**.

Congratulations to you all!

### Meet Us At...

As usual, RRC have lots of events and exhibitions lined up for this year, including the following:

- **SHE Show North West**  
23 Sep | Blackpool, UK
- **Health & Safety North**  
8-9 Oct | Bolton, UK
- **OSH Arabia**  
19-21 Oct | Riyadh, Saudi Arabia
- **SHE Show North East**  
18 Nov | Newcastle, UK

As always, you can find all the relevant information about each event on our website:

[http://www\\_rrc.co.uk/news-resources/events.aspx](http://www_rrc.co.uk/news-resources/events.aspx)

I look forward to seeing you soon.

All the best,

David Towlson  
Director of Training and Quality





## Student Focus

This is the section of the newsletter where we focus on any important updates to your course. Please review the following carefully for anything that may impact your studies.

Don't worry - we'll make all the amendments noted here to your online resources, too.

## RRC Resources

### RRC Health and Safety Law and Case Law Guide

We have made a small amendment to the Health and Safety Law and Case Law Guide. If you are studying a national (UK) course, please note the change below.

#### Environmental Protection Act 1990

In this entry, under the subheading **Section 33: Prohibition on Unauthorised or Harmful Depositing, Treatment or Disposal of Waste**, the last paragraph now reads:

"A person who commits an offence under this Section is liable:

- On summary conviction, to imprisonment for a term not exceeding 6 months or a fine not exceeding £50,000, or both. Increased by the **CN&E Act 2005**.
- On conviction on indictment, to imprisonment for a term not exceeding five years or a fine, or both.

Note: Section 33 also contains analogous provisions for Scotland."

**Note:** the current maximum prison sentence that can be imposed by a Magistrates' Court is 6 months. This will increase to 12 months on commencement of Section 154(1) of the **Criminal Justice Act 2003**.

The Health and Safety Law and Case Law Guide (in which this change has already been made) can be accessed via your e-Zone Library or Learning Centre Resource Library.

Any changes required to your study elements as a result of the legislation referred to above are covered in the section on your course below.



## RRC Environmental Law Guide

We have made some amendments to the Environmental Law and Case Law Guide. If you are studying a national (UK) course, please note the changes below.

### **Environmental Civil Sanctions (England) Order 2010**

In the third paragraph of this entry, the last sentence now reads:

“Non-compliance with a stop notice on summary conviction can lead to a fine of up to £20,000 and/or 6 months in prison or on indictment an unlimited fine and/or two years in jail.”

**Note:** the current maximum prison sentence that can be imposed by a Magistrates' Court is 6 months. This will increase to 12 months on commencement of Section 154(1) of the **Criminal Justice Act 2003**.

### **Environmental Protection Act 1990**

In this entry, under the subheading **Section 33: Prohibition on Unauthorised or Harmful Depositing, Treatment or Disposal of Waste**, the last paragraph now reads:

“A person who commits an offence under this Section is liable:

- On summary conviction, to imprisonment for a term not exceeding 6 months or a fine not exceeding £50,000, or both. Increased by the **CN&E Act 2005**.
- On conviction on indictment, to imprisonment for a term not exceeding five years or a fine, or both.

Note: Section 33 also contains analogous provisions for Scotland.”

### **Nitrate Pollution Prevention Regulations 2008**

At the end of this entry the following new paragraph has been added:

“The **Nitrate Pollution Prevention (Amendment) and Water Resources (Control of Pollution) (Silage, Slurry and Agricultural Fuel Oil) (England) (Amendment) Regulations 2013** provide for further amendment of the 2008 Regulations. The key requirements include:

- Recognition of changes to areas that have been designated as NVZs.
- New exemption for greenhouse crops and low intensity grassland farming.
- Exception to the 250kg limit on nitrogen that can be spread on a hectare of land (application of certified green compost or certified green/food compost as mulch on orchard land or any land as fertiliser at specified volumes over specified time periods).
- Provisions for grass grown for dehydration or for the production of chlorophyll (700kg for irrigated grass and 500kg for non-irrigated grass)."

### **Renewables Obligation Order 2009**

This is a new entry. You can access it by clicking on the following link:

#### [Renewables Obligation Order 2009](#)

The complete Environmental Law and Case Law Guide (in which the changes have already been made) can be accessed via your e-Zone Library or Learning Centre Resource Library.

Any changes required to your study elements as a result of the legislation referred to above are covered in the section on your course below



## NEBOSH Diploma

### NEBOSH National Diploma in Occupational Health and Safety

#### Unit B

We have made small changes to the study material for this unit to:

- Remove references to MDHS Guidance Notes 39 and 70 (Element B4).
- Update a reference to HSG274 (Element B5).
- Include a reference to INDG296 Hand-arm vibration – A guide for employees (Element B6).

Please refer to the following Supplement for the amendments:

#### Unit B Supplement

Note: these changes have been made to your online material.

### NEBOSH International Diploma in Occupational Health and Safety

#### Unit IB

We have made small changes to the study material for this unit to:

- Remove references to UK MDHS Guidance Note 70 (Element IB4).
- Update a reference to the UK HSE's HSG274 (Element IB5).
- Include a reference to the UK HSE's INDG296 Hand-arm vibration – A guide for employees (Element IB6).

Please refer to the following Supplement for the amendments:

#### Unit IB Supplement

Note: these changes have been made to your online material.



## NEBOSH National Diploma in Environmental Management

### Unit ED1

We have carried out a substantial review of the study material for this unit to ensure that it covers all the requirements of the current syllabus and is up-to-date. While doing this, we have also taken the opportunity to improve the clarity of some of the wording.

The relevance of your current study material is unaffected by the majority of the changes. However, there are some amendments of significance which you do need to be aware of and which are outlined in the following table:

<b>Element 1</b>	Improved coverage of nutrient cycles and replacement diagrams for the nitrogen cycle and the hydrological cycle
<b>Element 2</b>	Expansion of the information on Environmental Impact Assessment
<b>Element 5</b>	Clarification of the role of the EU in influencing UK law
<b>Element 7</b>	Clearer distinction between the provision of general information and the provision of environmental information to the public Restructure and redrafting of the section on Presentation of Information on Environmental Management Performance
<b>Element 9</b>	Landfill tax in Scotland from April 2015
<b>Element 11</b>	Coverage of the <b>Nitrate Pollution Prevention (Amendment) and Water Resources (Control of Pollution) (Silage, Slurry and Agricultural Fuel Oil) (England) (Amendment) Regulations 2013</b>
<b>Element 13</b>	Restructure and redrafting of the section on Legislation Affecting Use of Pesticides
<b>Element 14</b>	The addition of a subsection on Invasive Species Substantial amendments to the section on Contamination of Soil and Groundwater
<b>Element 15</b>	Updated coverage of the Kyoto Protocol

Please refer to the following Supplement for further information about the above changes (which have already been made to your online material).

### ED1 Supplement

With regard to penalties for offences, you should also note that the current maximum prison sentence that can be imposed by a Magistrates' Court is 6 months. This will increase to 12 months on commencement of Section 154(1) of the **Criminal Justice Act 2003**. (See amendments to RRC Environmental Law and Case Law Guide above.)



## NEBOSH Certificate

### NEBOSH National General Certificate

#### Unit NGC1

#### Element 1

At the end of the main section on the **Management of Health and Safety at Work Regulations 1999**, immediately before the **Revision Questions**, the content of the **More** box has been changed and is now as follows:

"Further information on the **Management of Health and Safety at Work Regulations 1999** can be found at:

<http://www.hse.gov.uk/pubns/books/I21.htm>"

#### Element 5

In the main section on **Recording and Reporting Incidents**, under the subheading **The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)**, the 11th paragraph has been replaced by the following text:

#### "Record Keeping

Records of **RIDDOR** reportable events must be kept by the responsible person for a minimum of three years. This is usually done by printing out and keeping a copy of the online **RIDDOR** report form.

**RIDDOR** also requires that a record of all 'over-3-day injuries' is kept for a minimum of three years.

An 'over-3-day injury' is a work-related accident that causes an injury that results in a worker being away from work or incapacitated for more than three consecutive days (not counting the day of the accident but including any weekends or other rest days). Over-3-day injuries do **not** have to be reported to the authorities unless the incapacitation period goes on to exceed 7 days."

Note: these changes have been made to your online material.



## NEBOSH Construction Certificate

### Unit NGC1

#### Element 1

At the end of the main section on the **Management of Health and Safety at Work Regulations 1999**, immediately before the **Revision Questions**, the content of the **More** box has been changed and is now as follows:

“Further information on the **Management of Health and Safety at Work Regulations 1999** can be found at:

<http://www.hse.gov.uk/pubns/books/l21.htm>

#### Element 5

In the main section on **Recording and Reporting Incidents**, under the subheading **The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)**, the 11th paragraph has been replaced by the following text:

#### “Record Keeping

Records of **RIDDOR** reportable events must be kept by the responsible person for a minimum of three years. This is usually done by printing out and keeping a copy of the online **RIDDOR** report form.

**RIDDOR** also requires that a record of all ‘over-3-day injuries’ is kept for a minimum of three years.

An ‘over-3-day injury’ is a work-related accident that causes an injury that results in a worker being away from work or incapacitated for more than three consecutive days (not counting the day of the accident but including any weekends or other rest days). Over-3-day injuries do **not** have to be reported to the authorities unless the incapacitation period goes on to exceed 7 days.”

Note: these changes have been made to your online material.

## NEBOSH Fire Certificate

### Unit NGC1

#### Element 1

At the end of the main section on the **Management of Health and Safety at Work Regulations 1999**, immediately before the **Revision Questions**, the content of the **More** box has been changed and is now as follows:

“Further information on the **Management of Health and Safety at Work Regulations 1999** can be found at:

<http://www.hse.gov.uk/pubns/books/l21.htm>

#### Element 5

In the main section on **Recording and Reporting Incidents**, under the subheading **The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)**, the 11th paragraph has been replaced by the following text:

#### “Record Keeping

Records of **RIDDOR** reportable events must be kept by the responsible person for a minimum of three years. This is usually done by printing out and keeping a copy of the online **RIDDOR** report form.

**RIDDOR** also requires that a record of all ‘over-3-day injuries’ is kept for a minimum of three years.

An ‘over-3-day injury’ is a work-related accident that causes an injury that results in a worker being away from work or incapacitated for more than three consecutive days (not counting the day of the accident but including any weekends or other rest days). Over-3-day injuries do **not** have to be reported to the authorities unless the incapacitation period goes on to exceed 7 days.”

Note: these changes have been made to your online material.



## NEBOSH Certificate in Environmental Management

### Unit EC1

#### Element 3

We have amended the study material for this element to clarify the distinction between direct and indirect impacts.

In the main section on **Types of Environmental Impact**, the first subsection now reads as follows:

#### **“Direct and Indirect Impacts**

Impacts can arise:

- As a direct result of the organisation’s activities, for example consider the following aspects:
  - Air emissions arising from a factory process (the direct impact being air pollution).
  - Discharge from a water treatment plant on site (the direct impact being water pollution).
- As an indirect result of an organisation’s activities, for example consider the following aspects:
  - Use of energy supplied by an energy provider (who has the direct impact of emissions to air).
  - Use of paper (the paper manufacturer has the direct impact of the pollution associated with the process).

As we discussed earlier, impacts can be on a local, national and global scale.”

Note: this change has been made to your online material.

## NEBOSH Award

## NEBOSH Award in Health, Safety and Environment for the Process Industries

### Unit PS2

#### Element 2

We have updated the study material for this element to cover a recent change to the legal requirements for transportation of waste.

At the end of the main section on **Classification of Waste**, immediately before the **Revision Questions**, the last two paragraphs under the subheading **Regulatory Documentation** have been deleted and replaced by the following:

“The **Waste (England and Wales) Regulations 2011** require that all waste carriers are registered with the Environment Agency/Natural Resources Wales.”

Note: this change has been made to your online material.



## IEMA

### IEMA Associate Certificate in Environmental Management

We have updated the study material for this course to include:

- More detail on policy instruments to achieve change (Element 2).
- The current maximum prison sentence that can be imposed by a Magistrates' Court (Element 2).
- The **Renewables Obligation Order 2009** (Element 3).
- Landfill tax in Scotland from April 2015 (Element 4).
- Invasive species (Element 6).
- The Environment Agency's current Contaminated Land Exposure Assessment (CLEA) model (Element 6).

Please refer to the following Supplement for the amendments:

#### [IEMA Associate Certificate Supplement](#)

Note: these changes have been made to your online material.

### IEMA Foundation Certificate in Environmental Management

#### Element 2

We have updated the study material for this element to include the current maximum prison sentence that can be imposed by a Magistrates' Court.

In the main section on **Background to Law**, under the subheading **Damages/Penalties**, the first bullet point now reads:

- “**Magistrates Court**- magistrates may impose a fine of up to £50,000 and/or 6 months’ imprisonment (some offences attract considerably lower sanctions than this).”

Also, in the main section on **Key Pieces of Environmental Law**, under the subheading **Economic Instruments**, some students received text with the paragraphs in the wrong order, for which we apologise. The correct version is shown in the link below.

#### [Economic Instruments](#)

Note: these changes have been made to your online material.

### IEMA Lead Environmental Auditor

We have updated the study material for this course to cover:

- The **Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013** (Element 1).
- Changes to Environmental Impact Assessment (Element 6).

Please refer to the following Supplement for the amendments:

#### [IEMA Lead Environmental Auditor Supplement](#)

Note: these changes have been made to your online material.



## Examination Closing Dates

The registration dates for the next available sittings for the NEBOSH exams are listed below. Please make sure you are aware of any mandatory entry requirements, such as submission of coursework, attendance at workshops, etc.

Please note that the following information is based on the National dates set by NEBOSH. Some centres arrange 'local' examination dates, which will fall on different days.

Course	RRC Exam Registration Closing Dates	Examination Date
<b>NEBOSH Award in Health and Safety at Work/Process Industries</b>		
Units: HSW1, HSEP1  Call for exam venues	01/09/2014 (HSW1 Only)	08/10/2014 (HSW1 Only)
	01/10/2014	04/11/2014
	01/11/2014	02/12/2014
	2015 (Exact dates TBC)	2015 (Exact dates TBC)
<b>NEBOSH National Certificate</b>		
Units: NGC1, GC2, FC1, NCC1, EC1, NHC1	10/10/2014	03/12/2014
<b>NEBOSH International Certificate</b>		
Units: IGC1, GC2, IFC1, ICC1, IOG	10/10/2014	03/12/2014
<b>NEBOSH Diploma in Environmental Management</b>		
	01/10/2014	04/12/2014
<b>NEBOSH Diploma Unit A/Unit IA</b>		
	10/11/2014	20/01/2015
<b>NEBOSH Diploma Unit B/Unit IB</b>		
	10/11/2014	21/01/2015
<b>NEBOSH Diploma Unit C/Unit IC</b>		
	10/11/2014	22/01/2015

NEBOSH Diploma Unit D/Unit ID	RRC Project Registration Closing Date	2014 Project Submission Dates
	01/10/2014	26/11/2014
	FEB/MAR/AUG/NOV 2015  (Exact dates TBC)	FEB/MAR/AUG/NOV 2015  (Exact dates TBC)

### RRC Middle East

Please click the following link to access RRC Middle East to check course dates and fees for 2014/15.

[www.rrc.com.bh](http://www.rrc.com.bh)