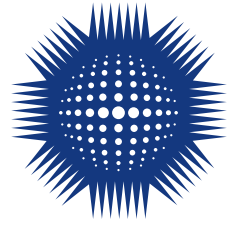


## RRC's NEBOSH HSE Certificate in Manual Handling Risk Assessment

RRC's NEBOSH HSE Certificate in Manual Handling Risk Assessment course is designed to equip learners with the knowledge to recognise, assess and reduce manual handling risks in their organisation.

The course is suitable for employers and employee representatives who intend to begin the process of manual handling risk assessment and control in their company. It will also benefit those who need more formal and in-depth training on the subject.



nebosh

LEARNING  
PARTNER

GOLD

335

## Course Content

RRC's NEBOSH HSE Certificate in Manual Handling Risk Assessment qualification consists of one unit which consists of 3 elements. They cover:

- **Principles of Manual Handling** - Why manual handling should be avoided, the moral, business and legal reasons for assessing and managing it, and common types of injuries that arise
- **Managing Manual Handling Risk: Identification of Manual Handling Risk** - Understand risk factors associated with manual handling, the applications of HSE's manual handling assessment tools (MAC and RAPP) and what makes a risk assessment suitable and sufficient
- **Managing Manual Handling Risk: Control of Risk** - How to avoid manual handling risks with the use of mechanical assistance and recognition of good handling techniques

## Assessment

The course is assessed by practical assessment, completed at the end of the course. Learners are to complete a manual handling risk assessment case study which identifies a range of hazards and meets best practice standards.

## Courses Available

In-Company  
Worldwide