

Studying With RRC



NEBOSH National Diploma
BLENDED LEARNING

RRC Blended Learning Programme Structure

RRC's NEBOSH Blended Learning Programme combines set periods of private study with face-to-face teaching. Each unit is based on a twelve-week study period (hence the enrolment cut off dates of 1 April for the July exam and 1 October for the January exam) but you can enrol earlier than this and spread the private study over a longer period if you wish.

In order to derive the greatest benefit from the course, you should ensure that you complete the required private study before your face-to-face sessions.

Throughout your private study and right up to the exam you will have e-mail and telephone access to RRC's NEBOSH Diploma tutor team.

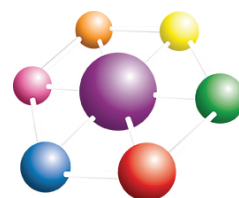
The programme timetable is outlined below. (Note study hours are approximate, exclude breaks and are dependant on previous knowledge and experience. Though not identified in the study hours, you would normally also be given 'homework', such as exam practice questions, to complete each evening during the face-to-face part of the course):

Unit A

Week	Subject and Mode		Study Hours
Week 1	Private study of Element A1		6
Week 2	Private study of Element A2		9
Weeks 3 & 4	Private study of Element A3		10 each week
Weeks 5 & 6	Private study of Element A4		10 each week
Week 7	Private study of Element A10		10
Weeks 8 & 9	Private study of Element A7		12 each week
Weeks 10 & 11	Private study of Elements A8 & A9		15 each week
Week 12 Face-to-Face Workshop (5 days)	Days 1&2	A5 – Organisational Factors	12
	Days 3&4	A6 – Human Factors	12
	Day 5	Revision Day (for whole of Unit A)	7
Week 13 to Exam	Further Private Study Revision and Exam Preparation		As required

Unit B

Week	Subject and Mode		Study Hours
Week 1	Private study of Element B1		9
Weeks 2 & 3	Private study of Element B2		7 each week
Weeks 4 & 5	Private study of Element B3		5 each week
Weeks 6 & 7	Private study of Element B4		6 each week
Weeks 8 & 9	Private study of Element B5		6 each week
Weeks 10 & 11	Private study of Element B6		7 each week
Week 12 Face-to-Face Workshop (5 days)	Days 1 -3	B7 – Noise and Vibration B8 Radiation and Thermal Environment	19
	Day 4	B9 Psycho-social Agents B10 Ergonomic Agents	7
	Day 5	Revision Day (for whole of Unit B)	7
Week 13 to Exam	Further Private Study Revision and Exam Preparation		As required



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Unit C

Week	Subject and Mode	Study Hours
Weeks 1 & 2	Private study of Element C10	6 each week
Week 3	Private study of Element C1	9
Weeks 4 & 5	Private study of Element C2	6 each week
Weeks 6 & 7	Private study of Element C3	6 each week
Weeks 8 & 9	Private study of Element C4	7 each week
Weeks 10 & 11	Private study of Element C5	8 each week
Week 12 Face-to-Face Workshop (5 days)	Day 1 C6 – Machinery Safety	7
	Day 2 C7 – Mechanical Handling	7
	Day 3 C8 – Electrical Safety	7
	Day 4 C9 – Construction and Demolition	7
	Day 5 Revision Day (for whole of Unit C)	7
Week 13 to Exam	Further Private Study Revision and Exam Preparation	As required